

Frequently Asked Questions about Licensure of Professional Art Therapist (LPAT) and Licensed Professional Art Therapist Associate (LPATA)

1. What is the LPATA / LPAT?

The LPATA and the LPAT are licenses to practice art therapy in the state of KY. One must have the associate's license (LPATA) while working on obtaining hours towards the National registration as an art therapist (ATR) through the American Art Therapy Association (AATA) and the Art Therapy Credential Board (ATCB).

The LPAT is the licensure one receives having completed the AATA requirements for obtaining the ATR, and having taken and passed the BC exam.

2. Do I need the LPATA / LPAT?

YES! In order to identify yourself as a professional art therapist and practice art therapy in the state of KY, you **MUST** have either the LPATA or the LPAT. These licensures provide title and practice protection.

3. I thought I needed my LPCC first.

No. There is no relationship between the LPATA / LPAT and the LPCA/LPCC. These are different licenses through different boards.

4. What do I need to do to get the LPATA?

First you need to be employed (or volunteer) where you will be using art therapy. Second, you will download the LPATA application from the website <http://pat.ky.gov/Pages/boardinformation.aspx> under the "resources" tab. Also you will need to download the Supervisory Agreement. Both of these must be submitted for the board to approve your application and supervisor of record. Additionally, you will need to submit a copy of your job description on the facility's letterhead, and have it signed by the executive director, agency director, or individual who heads the office. 201 KAR 34:060: Section 3: 2(e) 5h. (Also see FAQ under Supervision Requirements).

5. What do I need to do to get the LPAT?

You will need to download the LPAT application. Submit with the application proof of passing the American Therapy Credential Board's (ATCB) Board Certified exam (BC), along with the applicable fee. You will have already obtained your ATR through AATA/ATCB which is necessary to sit for the BC exam.

6. What are the implications if I do NOT obtain licensure as a professional art therapist associate or fully licensed art therapist?

According to the AATA Ethical guidelines <http://www.arttherapy.org/upload/ethicalprinciples.pdf> under "17.0 ABIDING BY THE ETHICAL PRINCIPLES FOR ART THERAPISTS. By accepting membership in the American Art Therapy Association, Inc. (AATA), art therapists agree to abide by the Association's Ethical Principles for Art Therapists. It is the responsibility of each member to act in accordance with these principles and to comply with all applicable laws, regulations, and licensing requirements that govern the

practice of therapy in each member's state. These principles are written to provide a basis for education and a foundation for ethical practice." (p. 14 of AATA Ethical Principles for Art Therapists).

According to ATCB <http://www.atcb.org/pdf/2011-ATCB-Code-of-Professional-Practice.pdf> under 1.5 RESPONSIBILITY TO THE PROFESSION: 1.5.10: "Art therapists are accountable at all times for their behavior. They must be aware that all actions and behaviors of the art therapist reflect on professional integrity and when inappropriate, can damage the public trust in the art therapy profession. To protect public confidence in the art therapy profession, art therapists avoid behavior that is clearing in violation of accepted moral and legal standards." (p.5 of the Professional Code of Practice from the ATCB).

Without the LPATA / LPAT you are practicing unethically. Additionally, according to KRS 309.130 the State requires one be licensed to practice art therapy. The KRSs and KARs maybe downloaded from the website under resources. <http://pat.ky.gov/Pages/laws.aspx>

7. I already have my ATR. What do I need to do?

You must get your LPATA to practice art therapy during the time in which it takes to take the BC exam and obtain the ATR-BC from the ATCB.

8. I already have my ATR-BC. What do I need to do?

You must apply for your LPAT and submit evidence of a passing score on the BC exam.

SUPERVISION:

9. Can anyone be a LPATA supervisor?

Licensed professional art therapists (LPAT) who have a minimum of 4 years experience in the practice of art therapy or

According to 201 KAR 34:060 Section 1: Definitions: "Board-Approved qualified mental health professional" means a licensed marriage and family therapist; licensed psychologist; licensed psychiatrist; licensed professional clinical counselor or licensed clinical social worker" may submit to be a board-approved supervisor. The above mentioned licensed professionals would need to take the supervision training offered by the Board to become approved as a supervisor. Note that a non-LPAT board approved supervisor may only supervise 25% of one's hours (pursuant to 201 KAR 34:060 Section 6). The remaining hours MUST come from a Board Approved LPAT credentialed supervisor.

10. What is necessary to be an approved supervisor?

201 KAR 34:060: Section 2: Requirements to be a board-approved supervisor: 1. A licensed professional art therapist shall have a minimum of 4 years experience in the practice of art therapy. A board-approved qualified mental health professional that is a supervisor shall have a minimum of 4 years of independent experience.

(2): A supervisor shall not have:

- (a) An unresolved citation filed against him/her by the board;
- (b) A disciplinary action that resulted in the suspension or probation of a license; or
- (c) A previous or existing personal relationship with a supervisee.

(3) In order to obtain board-approved supervisor status, a supervisor shall complete 3 hour board-approved supervisor training which shall be completed within 1 year of the supervisor seeking board approval.”

(a) The board-approved supervisor training shall cover:

1. Kentucky law governing the practice of art therapy contained in both KRS Chapter 309 and 201 KAR Chapter 34, theories of supervision, ethical issues involved in supervision, and supervisor responsibilities; and

2. Documentation in a supervision log that includes supervision times as well as the treatment and planning that is employed.

(b) Supervisor training shall be an onsite or online course which shall be conducted by an instructor who is a licensed professional art therapist or board-approved qualified mental health professional and who has demonstrated proficiency in the curriculum established in this administrative regulation.

(c) To maintain board-approved supervisor status, a supervisor shall retake the board-approved supervisor training every three (3) years.

(4) Supervisory experience obtained in Kentucky with a supervisor who has not completed the course required by subsection (3) of this section shall not be accepted by the board.

(5) A licensed professional art therapist shall not serve as a supervisor of record for more than six (6) licensed professional art therapist associates with whom he or she has a supervisory agreement at the same time.

(6)(a) An applicant receiving supervision outside of Kentucky shall demonstrate that his or her supervisor has been independently licensed in a clinical practice for four (4) years following licensure as a professional art therapist or with one (1) of the groups approved by the board as of the time of the supervision.

(b) The out of state supervisor shall have the equivalent qualifications to those prescribed for a supervisor established in this administrative regulation.

(7) To be recognized as a supervisor, a licensed professional art therapist or board-approved qualified mental health professional who meets the requirements of this section shall request in writing to become a supervisor in Kentucky and provide a copy of the supervisory training certificate

11. What training is required for a qualified licensed mental health professional to be approved as a supervisor?

The Licensure Board for Professional Art Therapists has developed a board-approved supervisor training examination which can be applied for by filling out the Application for Examination Continuing Education Credit application available on the board’s website. You must pass the examination with an 80% or above to be approved for board-approved supervisor status.

12. Can I use my LPCA supervisor for LPATA?

You may use a board approved qualified mental health professional supervisor that is NOT a LPAT for 25% of your supervision hours. The remaining 75% of supervision hours MUST come from a LPAT who has been board approved. 201 KAR 34:060; Section 6: Supervision Requirements.

13. Can I use the same supervisor for the LPCA and the LPATA?

According to 201 KAR 34:060; Section 6: Supervision Requirements: You may use a board approved supervisor that is NOT a LPAT for 25% of your supervision hours. The remaining 75% of supervision hours MUST come from a LPAT who has been board approved.

14. How do I find a board approved supervisor?

Please go to the board's website and under the Resources tab you will see a link to LPAT Approved Supervisors.

15. I just received my LPAT, can I be a supervisor for LPATA's?

According to 201 KAR 34:060 Section 2 (1) a licensed professional art therapist that is a supervisor shall have a minimum of 4 years of experience in the practice of art therapy.

16. How many supervisees can a supervisor have?

According to 201 KAR 34:060 Section 2 (5) "A licensed professional art therapist shall not serve as a supervisor of record for more than 6 licensed professional art therapist associates with whom he/she has a supervisory agreement at the same time.

17. Does supervision have to be individual or can it be group supervision?

According to 201 KAR 34:060 Section 6: Supervision Requirements: 4 (b) " A supervisee shall not obtain more than 25 hours of the required supervision by group supervision; (c) Group supervision shall not be permitted in groups of more than 6 supervisees."

MAINTAINING LICENSURE:

18. How do I keep and maintain my LPATA?

The LPATA is renewed every 2 years. During this time, you must obtain a minimum of 18 CE according to 201 KAR 34: 030: Section 2: Accrual of Continuing Education Hours; Computation of Accrual; (2). Additionally, (3) All hours shall be in or related to the field of professional art therapy; (4) a licensee shall obtain 3 hours of continuing education on ethics during the renewal period.

19. How do I keep and maintain my LPAT?

The LPAT is renewed every 2 years. During this time, you must obtain a minimum of 40 continuing education hours according to 201 KAR 34: 030: Section 2: Accrual of Continuing Education Hours; Computation of Accrual; (2). Additionally, (3) All hours shall be in or related to the field of professional art therapy; (4) a licensee shall obtain 3 hours of continuing education on ethics during the renewal period.

CONTINUING EDUCATION:

20. What are CEs?

CE's are Continuing Education. According to 201 KAR 34:030 Section 2 Accrual of Continuing Education Hours; Computation of Accrual (5) Continuing Education activities shall be in the following content areas in order to be considered relevant:

- (a) Psychological and psychotherapeutic theories and practice;

- (b) Art Therapy Assessment;
- (c) Art Therapy theory and practice;
- (d) Client populations;
- (e) Art theory and media; and
- (f) Professionalism and ethics

See 201 KAR 34:030 Section 3: Methods of Acquiring Continuing Education Hours for additional information regarding providers of such continuing education.

21. What CEs do I need to have?

According to 201 KAR 34:030 Section 2 Accrual of Continuing Education Hours; Computation of Accrual (5) Continuing Education activities shall be in the following content areas in order to be considered relevant:

- (a) Psychological and psychotherapeutic theories and practice;
- (b) Art Therapy Assessment;
- (c) Art Therapy theory and practice;
- (d) Client populations;
- (e) Art theory and media; and
- (f) Professionalism and ethics

Three continuing credit hours in ethics is required per renewal period for both LPATA and LPAT.

22. How many CE's do I need to have?

The LPATA is renewed every 2 years. During this time, you must obtain a minimum of 18 continuing education hours according to 201 KAR 34: 030: Section 2: Accrual of Continuing Education Hours; Computation of Accrual; (2). Additionally, (3) All hours shall be in or related to the field of professional art therapy; (4) a licensee shall obtain 3 hours of continuing education on ethics during the renewal period.

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FILLING OUT THE PAPERWORK:

23. So I just download the LPATA application and send my transcripts to the board to get the LPATA?

According to the instructions, you must:

1. Download the LPATA Application
2. Fill out the application, including your maiden name.
3. Have your official transcripts sent to the board
4. Download the Supervisory Agreement
5. Complete the Supervisory Agreement with the supervisor including a copy of the Supervisor's license, date of issue, and expiration date; and Supervisor training certificate.

6. Include your job description on company letterhead signed by the executive director, agency director or individual who heads the office.
7. Include the fee of \$100.00.
8. Send entire COMPLETED application including application fee and licensure fee to:
Kentucky Board of Licensed Professional Art Therapists, P.O. Box 1360, Frankfort ,
KY 40602

24. How do I know if my degree came from an AATA approved program?

If you look on the AATA website <http://www.arttherapy.org/aata-educational-programs.html> you will see which programs have been AATA approved. If in doubt, check with the Program Director of your program.